



## National Young Leaders Program

### Educational Objectives, Outcomes and Leadership Traits for Life

The National Young Leaders Program (NYLP) salutes educators across the nation who mentor and guide our leaders of tomorrow. NYLP builds upon conventional classroom teaching through an intensive educational experience created and developed specifically for early achievers. The Educational Objectives, Outcomes and Leadership Traits for Life that are presented to young leaders at NYLP are listed below.

#### **Educational Objectives: Young Leaders will...**

- Take part in and recognize the value of a group effort
- Recognize and facilitate the needs of others
- Practice responsible and effective communications skills
- Acquire, develop and convey information, thoughts and feelings
- Apply the concepts of goal setting in a learning environment
- Create SMART goals (Specific, Measurable, Action-Oriented, Realistic and Timely)
- Utilize various problem solving concepts and strategies
- Apply conflict resolution strategies to realistic situations
- Build organizational skills for project planning and implementation

#### **Educational Outcomes: Young Leaders will depart with enhanced abilities to...**

- Apply newly acquired knowledge to solve authentic problems and reach defined goals in individual and team settings
- Develop a team identity and recognize the value of each team member
- Work as productive team members in a variety of roles to accomplish shared goals under a mutually agreed upon code of conduct
- Demonstrate effective communication through public speaking and small group interactions
- Create and achieve a goal that is specific, measurable, action-oriented, realistic and timely
- Work independently and cooperatively within a group to resolve conflict and achieve shared goals
- Establish a process for project management, including prioritization, planning and evaluation
- Connect character traits within themselves to the traits of a good leader
- Identify ways to exhibit leadership skills at school, at home and in their communities

#### **Learn, Lead & Succeed: Leadership Traits for Life**

Each day young leaders focus on two different leadership traits, culminating in their participation in a community service project on day five:

DAY 1 (MONDAY)	Teambuilding & Goal Setting
DAY 2 (TUESDAY)	Communication & Conflict Management
DAY 3 (WEDNESDAY)	Problem-Solving & Character Development
DAY 4 (THURSDAY)	Citizenship & Organizational Skills
DAY 5 (FRIDAY)	Community Service Project

# Sample Daily Schedule

Time	Lesson	Content, Focus and Objectives
8:00 - 8:30 a.m.		Parents check-in their young leaders with NYLP program staff.
8:35 - 9:05 a.m.	<b>Young Leaders Unite</b>	<b><u>Meet and Greet</u></b> Young leaders are welcomed to the Program and greet their faculty advisors and peers.
9:10 - 9:55 a.m.	<b>Morning Meeting</b>	<b><u>Preview of the Day</u></b> Young leaders and faculty advisors review the previous day's activities, take part in a quick game to recall leadership tools, review the <i>Young Leader of the Day</i> profile, which highlights the day's leadership focus, and prepare for <i>Leadership Live</i> presentations.
10:00 a.m. - Noon	<b>Learn, Lead &amp; Succeed: Leadership Traits for Life</b>	<b><u>Communication</u></b> Throughout the communication activities, young leaders differentiate between verbal and nonverbal communication, practice nonverbal communications skills, identify the four main presentation skills, prepare and deliver a presentation to an audience and relate communications skills to other leadership skills.
12:05 - 12:55 p.m.	<b>Lunch and Teambuilder</b>	Young leaders may choose from a variety of hot and cold lunch items, relax, interact with fellow young leaders, take part in teambuilding activities and discuss the morning's exciting events!
1:00 - 3:00 p.m.	<b>Learn, Lead &amp; Succeed: Leadership Traits for Life</b>	<b><u>Managing Conflict</u></b> With their faculty advisors, young leaders identify the general indicators of conflict, discuss the consequences of unsettled conflict for individuals and teams, explore how conflict can be used constructively, practice effective conflict resolution strategies and relate these strategies to other leadership skills.
3:05 - 3:55 p.m.	<b>Recreation Time</b>	<b><u>Activities and Sport</u></b> After a full day of focused study, recreation time provides the opportunity to let kids be kids. Young leaders can play games, relax in the reading room and play team sports outside (weather permitting)!
4:00 - 5:10 p.m.	<b>Leadership Live</b>	<b><u>Peer Interviews and Presentations</u></b> Young leaders interview and present to their peers, complete their Leadership Logs, review the day's lessons and activities and prepare for the special community service project that they will directly participate in before the end of the Program.
5:15 - 5:30 p.m.		Young leaders greet their parents and check-out after an exciting day at NYLP.

\* This sample daily schedule represents Day Two of the five-day program. Each day the "Learn, Lead & Succeed: Leadership Traits for Life" change as we present our young leaders with the full spectrum of leadership and character-building traits, and they apply those traits within the Program as well as upon their return home. See the reverse side of this schedule for program Educational Objectives, Outcomes and Leadership Traits for Life.